



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Dance : Unit 1	Ball Skills : Unit 1	Games : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Dance : Unit 2	Ball Skills : Unit 2	Games : Unit 2
Year 1	Fundamentals Team Building	Invasion Games Ball Skills	Dance Yoga	Gymnastics Fitness	Racquet Skills Net and Wall Games	Athletics Striking and Fielding Games
Year 2	Gymnastics Team Building	Fundamentals Ball Skills	Invasion Games Matball	Dance Yoga	Net and Wall Games Striking and Fielding Games	Athletics Fitness
Year 3	Fundamentals Y3/4 Athletics	Ball Skills Y3/4 Handball	Dance Yoga	Gymnastics Fitness	Tennis Cricket	Athletics
Year 4	Handball Ball Skills Y3/4	Rugby OAA	Gymnastics Yoga	Dance Tennis	Cricket Fitness	Athletics Fitness
Year 5	Dance OAA	Gymnastics Fitness	Netball Swimming	Badminton Y5/6 Swimming	Cricket Swimming	Athletics Swimming
Year 6	Gymnastics Swimming	Dance Swimming	Netball Yoga	Badminton Y5/6 Fitness	Cricket OAA	Athletics