

*Love Learning, Love Life!*



# Newsletter

3rd February 2025



Congratulations to our Year 5 pupils who successfully completed their Bikeability training over the past three days. This programme not only equips children with essential cycling skills but also promotes road safety awareness. We are proud of their enthusiasm and commitment during this important initiative.

Blueberry Park's Mini Police recently visited St Columba's Primary School to learn about the vital role of police dogs in our community. The children got to spend time with the K-9 Unit, loved meeting the different types of police dogs, and were shown the jobs that the dogs are trained to do.

Children's Mental Health Week, taking place this week focuses on the theme "Know Yourself, Grow Yourself." This initiative aims to promote positive mental health by encouraging our students to understand their emotions and personal strengths. We hope this will provide our pupils with tools to support their mental wellbeing. There will be a non-uniform day on Friday 7<sup>th</sup> February where children can come into school wearing outfits that represents them as a person, and what they feel most comfortable in. We are kindly asking for £1 donations to support Mental Health Week.

As part of our commitment to health and wellbeing, I encourage you to explore the Food for Thought menu provided via the link included in this letter which you can share with your children. Food For Thought promotes healthy eating and aims to instill lifelong habits in our students.

<https://foodforthoughtschools.co.uk/wp-content/uploads/2024/12/FFT-Winter-Menu-1.pdf>

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A reminder of the opportunity to participate in Riverside's Tree Planting Project. Families wishing to receive a free tree for their garden should contact the school office at their earliest convenience. This is a wonderful initiative to contribute positively to our environment and encourage sustainability.

Please do not park outside the school premises. The community police officers will be issuing tickets to ensure the safety of our children and to maintain a smooth flow of traffic around the school.

Thank you for your continued support and cooperation. Should you have any queries or require further information, please do not hesitate to contact the school office.

Mrs Lancaster

## Birthdays



N	George
R	Kwanu, Heidi, Maria, Darcie, Ema, Emilia
Yr1	David, Michelle, Jennifer, Adrian, Hallie, Carter, Sophia
Yr2	Issac, Connie, Sienna, Ellis, Evie,
Yr3	Lyla, Charlie, Chiziterem, Esme, Skyla, Michelle, Betty-Jo, Ivana
Yr4	Joseph, Carter, Faith
Yr5	Emmanuela, Arthur, Eshaal
Yr6	Charlie, Mason, Joey

## Upcoming dates for your diary



3/2/2024 - 7/2/2025	Children's' Mental Health Week
5/2/2025	Football Tournament
11/2/2025	Safer Internet Day
12/2/2025	Mini Police visit to Policing Museum
10/2/2025 - 14/2/2025	Reading Breakfasts
14/02/2025	End of half term